



For Immediate Release

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Natalie Gahrmann, Owner of Hillsborough based N-R-G Coaching Associates

Admitted into the National Speakers Association September 25, 2007.

The National Speakers Association (NSA), the leading organization for experts who speak professionally, recently accepted Natalie Gahrmann as a professional member of the Association.

Gahrmann is a professional speaker who specializes in helping busy professionals manage all the things on their plate. She has been in business since 1997. Her services include keynote speeches, workshops, teleclasses, lunch-n-learn programs, executive and leadership coaching, and work/life success coaching. An accomplished presenter, she has conducted numerous programs on a wide range of issues related to personal and professional effectiveness. She is the author of the award winning book, *Succeeding as a Super Busy Parent* (Infinity Publishing 2002).



To become an NSA member, Gahrmann had to provide documentation of her professional speaking experience and agree to a strict code of ethics. NSA currently has more than 4,100 members in 23 countries.

"I am not only excited, but honored to be a part of such a prestigious group. Learning and sharing with these professionals will truly benefit my audiences," says Gahrmann.

The National Speakers Association (NSA) is the leading organization for experts who speak professionally. NSA's 4,000 members include experts in a variety of industries and disciplines, who reach audiences as trainers, educators, humorists, motivators, consultants, authors and more. Since 1973, NSA has provided resources and education designed to advance the skills, integrity and value of its members and speaking profession. Visit NSA's Web site at www.nsaspeaker.org.

NSA: The Voice of the Speaking Profession.®
